

Shabbat what / when / why

'Remember the Sabbath day by keeping it holy. Six days you shall labour and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work...'

*Exodus 10:8-10*

Friday evening service



Saturday morning service

In the synagogue, the Torah - three key features

Friday preparation for Shabbat at home

The significance of lighting the candles.

Saturday at home

The Friday meal

